

**FOR IMMEDIATE RELEASE**

**Striding Into Spring with the All in for Autism 5K/10K Run/Walk**

*Bellevue Breakfast Rotary Club and Kinderling are expecting over 2500 runners to participate in this year's 5K/10K Run/Walk*

Bellevue, WA. – February 21, 2017 – The Bellevue Breakfast Rotary Club (BBRC) with their partner Kinderling are encouraging everyone to seek healthy lifestyles by signing up for the *All in for Autism* 5K/10K Run/Walk on the 23<sup>rd</sup> April. In participating in this event, participants will also be helping to raise awareness for autism and other related disorders.

This is the eleventh year in which Bellevue's premier 5K/10K Run/Walk has been supported and we are expecting a turnout of over 2500 participants this year to build on the prior year's successes. The *All in for Autism* event benefits Kinderling and other youth projects. Kinderling provides individualized family-centered early intervention services for children who are disabled, medically fragile, or vulnerable because of abuse or neglect.

We are pleased that many local companies have stepped in to support the All in for Autism family run/walk and these include: Bellevue Collections, Escape Outdoors, Starbucks, Amazon, Overlake Medical Center, OfferUp, the City of Bellevue, Advanced Renal Tech, GLY, Parallels and others. Katherine DeStephano, of Escape Outdoors, said "we are very pleased to be supporting the *All in for Autism* 5K/10K Run/Walk on its eleventh anniversary, particularly as it helps encourage a healthy lifestyle and supports the important work of Kinderling, as well as other local charities."

Mimi Siegel, the Executive Director of Kinderling, said "We are excited by the prospect of this year's *All in for Autism* event, especially after the tremendous support we received from last year's participants in the event. It will be such a fun and healthy event, and we are thrilled with our continued partnership with the Bellevue Breakfast Rotary Club in supporting this event." Zach Scott, formerly of the Sounders, further added, in gratitude for the BBRC's work to organize the *All in for Autism* 5K/10K Run/Walk, "Thank you, Bellevue Breakfast Rotary, for your continued support of Kinderling and calling attention to the importance of early intervention for infants and toddlers with special needs."

BBRC's President, Mike Ralph, further says "We are determined and excited to make the eleventh year our best event ever! With the wonderful support from over 2100 participants last year, we are looking forward to see many more people enjoy the fabulous outdoors in our City and to support Kinderling."

The BBRC membership is dedicated to "service above self" and we derive much toward this goal through the contributions of our dynamic membership and local businesses. The club welcomes all interested parties who want to participate, volunteer or donate money to the event to contact us directly via our web: [www.AllinforAutism.com](http://www.AllinforAutism.com).

### **About Bellevue Breakfast Rotary Club**

The Bellevue Breakfast Rotary Club (BBRC) is known as *The Best Darn Club in the World* with a membership in excess of 125 community-minded individuals. The club was chartered in 1985 and its membership is dedicated to “service above self” and participating in Rotary International’s mission to promote understanding, goodwill, and world peace. The vision of the BBRC is to cultivate a dynamic membership that enhances our club values to serve our local and world communities, providing systemic and enduring change.

**For more information, please contact:**

Race PR Team at [info@allinforautism.org](mailto:info@allinforautism.org).

### **About Kindering**

Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar. Founded in 1962 by five Bellevue-area mothers of children with disabilities, Kindering is the largest intervention center in Washington State, one of the three largest centers in the nation, and notably the most comprehensive. Annually, Kindering now serves 4000 children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar.

**To learn more about Kindering and services offered:**

[www.kindering.org](http://www.kindering.org) or please contact, Alison Morton, Development Director at 425-653-4331 or [Alison.Morton@Kindering.org](mailto:Alison.Morton@Kindering.org)